



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL SCHEDULE

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

5:00-6:00AM Lap Lane 1-6	5:15-6:00AM Deep Water Aqua Jogging Lanes= 1,2	5:00-6:00AM Lap Lane 1-6	5:00-6:00AM Lap Lane 1-6	5:15-6:00AM Deep Water Aqua Jogging Lanes= 1,2 Laps=3,4,5,6	7:30-8:30a Masters Swim Team Lanes = 4,5,6 Lap = 1,2,3	
6:00-9:00AM Laps= 2-6 Open Swim= 1	6:00-9:00AM Laps= 2-6 Open Swim= 1	6:00-9:00AM Laps= 2-6 Open Swim= 1	6:00-9:00AM Laps= 2-6 Open Swim= 1	6:00-9:00AM Laps= 2-6 Open Swim= 1	8:00-10:45AM Laps= 4,5,6 Open= 1,2,3	12:00-5:00PM Open Swim = 1,2,3
9:00AM- 5:30PM Laps= 4, 5, 6 Open Swim= 1,2,3				9:00AM- 5:30PM Laps= 4, 5, 6 Open Swim= 1,2,3	10:45- 11:15 am Swim Lessons Lane 6 Open Swim Lane 1, 2 Laps 3,4, 5	Open Swim = 1,2,3 Laps 4,5,6
5:30-6:15PM Deep Water Aqua Jogging Deep End= 1,2,3 Laps= 4,5,6	9:00AM- 9:00PM Laps= 4, 5, 6 Open Swim= 1,2,3	9:00AM- 9:00PM Laps= 4, 5, 6 Open Swim= 1,2,3	9:00AM- 9:00PM Laps= 4, 5, 6 Open Swim= 1,2,3	5:30-6:15PM Deep Water Aqua Jogging Deep End Lanes 1,2,3 Laps= 4,5,6	11:15-5:00PM Open Swim =1,2,3 Laps= 4,5,6	
6:15-9:00PM Laps= 4,5,6 Open= 1,2,3				6:15-9:00PM Laps = 4,5,6 Open = 1,2,3		

The Lap lanes can accommodate up to 6 swimmers. Please use common courtesy and let the other swimmer(s) in the lane know you are entering. If there are 2 swimmers, the lane can be split down the middle with swimmers on either side of the black line. With 3 or more in the lane, swimmers must circle swim. Staying on the right side of line in both directions.

Open swimmers should not swim in the lap lanes.

Note: Schedules are subject to change