

Therapy Pool Schedule

Effective: June - August 2010 (updated 5/31)

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	
8:00 AM	CLOSED	8:00am-9:00am Adult Open Swim	8:00am-9:10am Adult Open Swim	8:00am-9:00am Adult Open Swim	8:00am-9:10am Adult Open Swim	8:00am-9:00am Adult Open Swim	8:00am-9:00am Adult Open Swim	
9:00 AM		9:00am-10:00am Summer Swim School	9:00am-10:00am Pump it up Water Aerobics	9:00am-10:00am Summer Swim School	9:00am-10:00am Pump it up Water Aerobics	9:00am-10:00am Summer Swim School	9:00am-10:00am Summer Swim School	9:00am-9:45am Youth Swim Lesson
10:00 AM		10:00am-11:00am Adult Open Swim	10:00am-10:45am Poolates	10:00am-11:00am Adult Open Swim	10:00am-10:45am Poolates	10:00am-11:00am Adult Open Swim	10:00am-11:00am Adult Open Swim	9:50am-10:35am Preschool Les.
11:00 AM		11:00am-11:45am AQUAJOINTS	11:00am-11:45am AQUAJOINTS	11:00am-11:45am AQUAJOINTS	11:00am-11:45am AQUAJOINTS	11:00am-11:45am AQUAJOINTS	11:00am-11:45am AQUAJOINTS	10:45am-11:15am Parent/Tot
12:00 PM		11:45am-1:30pm Adult Open Swim	11:45am-1:30pm Adult Open Swim	11:45am-1:30pm Adult Open Swim	11:45am-1:30pm Adult Open Swim	11:45am-1:30pm Adult Open Swim	11:45am-1:30pm Adult Open Swim	11:30am-12:15pm Adult Lessons
1:00 PM		1:30pm-3:00pm Adult Open Swim	1:30pm-4:00pm Closed	1:30pm-4:00pm Closed	1:30pm-4:00pm Closed	1:30pm-4:00pm Closed	1:30pm-4:00pm Closed	12pm - 12:30 Youth w/ Special Needs 12:30-2:00pm Adult Open Swim
2:00 PM		3:00pm-4:30pm Family Open Swim	1:30pm-4:00pm Closed	1:30pm-4:00pm Closed	1:30pm-4:00pm Closed	1:30pm-4:00pm Closed	1:30pm-4:00pm Closed	2:00-4:30pm Family Open Swim
3:00 PM	CLOSED	4:00pm-5:30pm Adult Open Swim	4pm-4:45pm Pump-it-up Water Aerobics	4:00pm-5:30pm Adult Open Swim	4pm-4:45pm Pump-it-up Water Aerobics	4:00pm-6:00pm Adult Open Swim		
4:00 PM		5:30pm-6:15pm Swim Lessons						
5:00 PM		6:20pm - 7:05pm AQUAJOINTS	6:20pm-7:05pm AQUAJOINTS	6:20pm - 7:05pm AQUAJOINTS	6:20pm-7:05pm AQUAJOINTS	6:00 - 8:30pm Family Open Swim		
6:00 PM		7:10pm-8:45pm Family Open Swim	7:10pm-8:45pm Family Open Swim	7:10pm-8:45pm Family Open Swim	7:10pm-8:45pm Family Open Swim			
7:00 PM								
8:00 PM								
9:00 PM		CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		

Age Requirement: Therapy Pool

- Age 13 and older
- Infants allowed in therapy pool only if in the arms of parent during "Adult Open Swim". An "Infant" is defined as a child that can not walk.
- Special permission for children with severe medical conditions may be obtained through the Aquatics Director.
Child must be in the arms of parent and only during Adult Open Swim.
- Additional Safety Rules apply during "Family Open Swim" Please see Lifeguard for a list of additional rules.
- If a swim lessons class is not being held, the YMCA will normally close the pool during that time period.