



WELLNESSES

# Terrific Tuesdays at the YMCA of Harrison County

## **Breakfast Club**

**1<sup>st</sup> Tuesday of the month**  
**Limeberry Room**  
**9:30 am – 10:30 am**

This monthly event is Open to the Public.  
Continental breakfast and various  
speakers each month.

This event is sponsored by Harrison County Hospital & your YMCA.



 An Affiliate of Norton Healthcare

## **Wii Games**

**2<sup>nd</sup> Tuesday of the month (Free to members)**  
**Limeberry Room**  
**9:30 am – 10:30 am**

Challenge fellow Wii enthusiasts to a game of horseshoes, shuffleboard, trivia or darts. If billiards, table tennis, or duck hunt is more your style then the new Wii Play disc is for you. Of course bowling, tennis, baseball, and golf are still available too!

## **Striders Walking Club**

**3<sup>rd</sup> Tuesday of the month (Free to members)**  
**YMCA Lobby**  
**Departs at 9:30 am**

Come walk with friends on the walking track or Indian Creek Trail. It's a great way to start the day.

## **Corn Hole**

**4<sup>th</sup> Tuesday of the month (Free to members)**  
**Gymnasium**  
**9:30 am – 10:30 am**

Join us for a recreational game of corn hole (or bean bag toss).

■ No gatherings on the 5th Tuesday of the month, when applicable.

The YMCA of  
Harrison County  
198 Jenkins Court  
NE Corydon, IN  
47112

[ymcaharrison.org](http://ymcaharrison.org)  
(812)-734-0770

Wellness Director  
Erik Mann  
emann@  
ymcaharrison.org