

# Lap Pool

APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
APRIL 1	APRIL 2	APRIL 3	APRIL 4	APRIL 5	APRIL 6	APRIL 7
<b>Lap Swimming</b> 4:30am - 6:30am 6 LANES	<b>Lap Swimming</b> 4:30am - 6:30am 4 LAP / 2 OPEN	<b>Lap Swimming</b> 4:30am - 6:30am 6 LANES	<b>Lap Swimming</b> 4:30am - 6:30am 6 LANES	<b>Lap Swimming</b> 4:30am - 6:30am 4 LAP / 2 OPEN	<b>Lap Swimming</b> 7:00am - 10:15am 4 LAP/2 OPEN	<b>Lap/Open Swim</b> 12:00am- 2:00pm 4 LAP/2 OPEN
<b>GUARD BREAK</b> 6:30am - 6:45am	<b>Deep Water Jog</b> 4:30am - 5:15am 2 LANES	<b>GUARD BREAK</b> 6:30am - 6:45am	<b>GUARD BREAK</b> 6:30am - 6:45am	<b>GUARD BREAK</b> 6:30am - 6:45am	<b>GUARD BREAK</b> 10:15am - 10:30am	<b>GUARD BREAK</b> 2:00pm - 2:15pm
<b>Lap/Open Swim</b> 6:45am - 7:30am 4 LAP / 2 OPEN	<b>Lap/Open Swim</b> 5:15am - 6:30am	<b>Lap/Open Swim</b> 6:45am - 7:30am 4 LAP / 2 OPEN	<b>Lap/Open Swim</b> 6:45am - 7:30am 4 LAP / 2 OPEN	<b>Lap/Open Swim</b> 6:45am - 8:00am 4 LAP / 2 OPEN	<b>Lap/Open Swim</b> 6:45am - 10:00am 4 LAP / 2 OPEN	<b>Lap/Open Swim</b> 2:15am - 4:45pm 4 LAP/2 OPEN
<b>Fun &amp; Fit (Faith)</b> 7:30am - 8:15am 4 LANES	<b>GUARD BREAK</b> 6:30am - 6:45am	<b>Fun &amp; Fit (Faith)</b> 7:30am - 8:15am 4 LANES	<b>Fun &amp; Fit (Faith)</b> 7:30am - 8:15am 4 LANES	<b>POOL CLOSED</b> 8:00am - 12:00pm	<b>GUARD BREAK</b> 10:00am - 10:15am	<b>CLOSES AT</b> 4:45 pm
<b>Total Body (Faith)</b> 8:15am - 9:00am 3 LANES	<b>Lap/Open Swim</b> 6:45am - 9:00am 4 LAP / 2 OPEN	<b>Total Body (Faith)</b> 8:15am - 9:00am 3 LANES	<b>Total Body (Faith)</b> 8:15am - 9:00am 3 LANES	<b>Lap/Open Swim</b> 12:00pm - 2:00pm 4 LAP/2 OPEN	<b>Lap/Open Swim</b> 10:15am- 2:00pm 4 LAP/2 OPEN	
<b>Splash</b> 9:00am - 10:30am 4 LAP / 2 OPEN	<b>Splash</b> 9:00am - 10:30am 4 LAP / 2 OPEN	<b>Splash</b> 9:00am - 10:30am 4 LAP / 2 OPEN	<b>Splash</b> 9:00am - 10:30am 4 LAP / 2 OPEN	<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>GUARD BREAK</b> 2:00pm - 2:15pm	
<b>GUARD BREAK</b> 10:30am - 10:45am	<b>GUARD BREAK</b> 10:30am - 10:45am	<b>GUARD BREAK</b> 10:30am - 10:45am	<b>GUARD BREAK</b> 10:30am - 10:45am	<b>Lap/Open Swim</b> 2:15am - 3:45pm LAP/2 OPEN	<b>Lap/Open Swim</b> 2:15am - 4:45pm 4 LAP/2 OPEN	
<b>Splash</b> 10:45am - 12:00pm 4 LAP / 2 OPEN	<b>Splash</b> 10:45am - 12:00pm 4 LAP / 2 OPEN	<b>Splash</b> 10:45am - 12:00pm 4 LAP / 2 OPEN	<b>Splash</b> 10:45am - 12:00pm 4 LAP / 2 OPEN	<b>CLOSES AT</b> 3:45 pm	<b>CLOSES AT</b> 4:45 pm	
<b>Lap/Open Swim</b> 12:00pm - 2:00pm 4 LAP/2 OPEN	<b>Lap/Open Swim</b> 12:00pm- 2:00pm 4 LAP/2 OPEN	<b>Lap/Open Swim</b> 12:00pm - 2:00pm 4 LAP/2 OPEN	<b>Lap/Open Swim</b> 12:00pm - 2:00pm 4 LAP/2 OPEN			
<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>GUARD BREAK</b> 2:00pm - 2:15 pm	<b>GUARD BREAK</b> 2:00pm - 2:15pm	<b>GUARD BREAK</b> 2:00pm - 2:15pm			
<b>Lap/Open Swim</b> 2:15 pm - 6:30pm 4 LAP / 2 OPEN	<b>Lap/Open Swim</b> 2:15 pm - 6:30pm 4 LAP / 2 OPEN	<b>Lap/Open Swim</b> 2:15 pm - 6:30pm 4 LAP / 2 OPEN	<b>Lap/Open Swim</b> 2:15 pm - 6:30pm 4 LAP / 2 OPEN			
<b>GUARD BREAK</b> 6:30pm - 6:45pm	<b>GUARD BREAK</b> 6:30pm - 6:45pm	<b>GUARD BREAK</b> 6:30pm - 6:45pm	<b>GUARD BREAK</b> 6:30pm - 6:45pm			
<b>Lap/Open Swim</b> 6:45pm - 8:45pm 4 LAP / 2 OPEN	<b>Lap/Open Swim</b> 6:45pm - 8:45pm 4 LAP / 2 OPEN	<b>Lap/Open Swim</b> 6:45pm - 8:45pm 4 LAP / 2 OPEN	<b>Lap/Open Swim</b> 6:45pm - 8:45pm 4 LAP / 2 OPEN			
<b>CLOSES AT</b> 8:45 pm	<b>CLOSES AT</b> 8:45 pm	<b>CLOSES AT</b> 8:45 pm	<b>CLOSES AT</b> 8:45 pm			

Schedules for March will be released on a weekly basis.

Thank you for your understanding.

Revision Date 3/21/2024

**Schedules for March will be released on a weekly basis.**

**Thank you for your understanding.**

*Revision Date 3/8/2024*

### **YMCA OF HARRISON COUNTY POOL GUIDELINES**

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- There is no lap swimming allowed in the therapy pool.
- All pool schedules are subject to change.
- \*Swim lessons are dependent upon enrollment and may be cancelled. Must register