

# THERAPY POOL

MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MARCH 18	MARCH 19	MARCH 20	MARCH 21	MARCH 22	MARCH 23	MARCH 24
Adult Swim 8:00am - 10:30am	Adult Swim 8:00 am - 10:30 am	Adult Swim 1:00pm - 2:45pm	Adult Swim 8:00 am - 10:30 am	Adult Swim 1:00 pm - 2:45 pm	Adult Swim 8:00 am - 10:30 am	Adult Swim Noon - 2:45pm
<b>GUARD BREAK</b> 10:30am - 10:45am	<b>GUARD BREAK</b> 10:30 am-10:45 am	<b>GUARD BREAK</b> 2:45pm - 3:00pm	<b>GUARD BREAK</b> 10:30 am-10:45 am	<b>GUARD BREAK</b> 2:45 pm - 3:00 pm	<b>GUARD BREAK</b> 10:30 am-10:45 am	<b>GUARD BREAK</b> 2:45 pm - 3:00pm
Adult Swim 10:45am - 1:00pm	Adult Swim 10:15 am-1:00pm	Open Swim 3:15pm - 5:15pm	Adult Swim 10:15 am-1:00pm	Open Swim 3:15 pm - 4:45 pm	Adult Swim 10:45 pm - 2:15pm	Open Swim 3:00pm - 4:45 pm
<b>POOL CLOSED</b> 1:00pm - 5:00pm	<b>POOL CLOSED</b> 1:00 pm - 5:00 pm	<b>GUARD BREAK</b> 5:15pm - 5:30pm	<b>POOL CLOSED</b> 1:00 pm - 5:00 pm	<b>POOL CLOSSES AT</b> 4:45 pm	<b>GUARD BREAK</b> 2:45pm - 3:00pm	<b>POOL CLOSSES AT</b> 4:45pm
Open Swim 5:00pm - 6:00pm	Open Swim 5:00pm - 6:30pm	Open Swim 5:30pm - 6:30pm	Open Swim 5:00pm - 6:00pm		Open Swim 3:00pm - 4:45 pm	
Swim Lessons 6:00pm - 7:30pm	Aqua Fit 6:30pm - 7:45pm	Aqua Fit 6:30pm - 7:45pm	Swim Lessons 6:00pm - 7:30pm		<b>POOL CLOSSES AT</b> 4:45 pm	
<b>GUARD BREAK</b> 7:30 pm - 7:45 pm	<b>GUARD BREAK</b> 7:45pm - 8:00pm	<b>GUARD BREAK</b> 7:45pm - 8:00pm	<b>GUARD BREAK</b> 7:30 pm - 7:45 pm			
Open Swim 7:45 pm - 8:45 pm	Open Swim 8:00pm - 8:45pm	Open Swim 7:45pm - 8:45pm	Open Swim 7:45 pm - 8:45 pm			
<b>POOL CLOSSES AT</b> 8:45 pm	<b>POOL CLOSSES AT</b> 8:45 pm	<b>POOL CLOSSES AT</b> 8:45pm	<b>POOL CLOSSES AT</b> 8:45 pm			

Schedules for March will be released on a weekly basis.

Thank you for your understanding.

Revision Date 3/8/2024

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**Schedules for March will be released on a weekly basis.**

**Thank you for your understanding.**

*Revision Date 3/8/2024*

## **YMCA OF HARRISON COUNTY POOL GUIDELINES**

- Under 8 Years Old must be accompanied by someone 18 years old+ in water within arms reach.
- 8-13 Year Olds must be accompanied by someone 18 years old+ on the pool deck within eye line.
- 14 Years and Older must be accompanied by someone 18 year old+ in the facility.
- 16 & Under will need to complete a swim test. Swimmers may be asked to wear a life jacket and/or be within reach of someone 16 years old+ in the shallow end of the pool.
- Only U.S. Coast Guard Approved swimming devices allowed.
- There is no lap swimming allowed in the therapy pool.
- All pool schedules are subject to change.
- \*Swim lessons are dependent upon enrollment and may be cancelled. Must register